

STARTERS

CHICKEN LIVERS

Pan-seared to enjoy plain or with a peri peri cream sauce. *Plain* 90 | *Peri Peri* 95

CALAMARI TUBES

Grilled 'n tender. Served with your choice of fresh lemon butter, peri peri or sweet chilli 'n coriander sauce. 90

SQUID HEADS

Coated in a light batter 'n fried to golden perfection. Served with your choice of tartare or peri peri sauce. Subject to availability. 90

TRINCHADO

Tender beef cubes smothered in peri peri, tomato, onion 'n garlic. 105

MARROW BONES

Roasted buttery marrow, spiced with paprika, black pepper 'n salt. 70

Prepared with red wine, tomato, mushroom, garlic 'n onions. 105

GRANA PADANO-CRUMBED MUSHROOMS

Deep-fried 'n served with tartare sauce. 95

CURRIED PRAWNS

Four queen prawns in a fragrant creamy curried coconut sauce with a touch of garlic. Subject to availability. 165

BILTONG

Our unique blend of spices gives our biltong that legendary flavour. 95

SOUP OF THE DAY

Please enquire with your waitron

SALADS

GREEK

Fresh rocket, tomato, red onion, cucumber, feta 'n Kalamata olives served on a bed of crisp lettuce. *Regular* 95 | *Table* 130

FRENCH

Fresh rocket, tomato, red onion, cucumber, avo* 'n carrot served on a bed of crisp lettuce. *Regular* 70 | *Table* 90

BLUE CHEESE

Fresh rocket, tomato, red onion, cucumber, avo*, carrot 'n grated blue cheese, served on a bed of crisp lettuce with a creamy blue cheese dressing on the side. *Regular* 110 | *Table* 135

CHICKEN

French salad topped with tender chicken fillet strips marinated in your choice of peri peri, fresh lemon 'n herb or BBQ. 105

Add halloumi. 35

BURGERS

200g of pure ground beef, served on a toasted brioche bun with your choice of side.

CLASSIC

Topped with grilled onions 'n classic pink sauce. 105

PEPPER

Topped with our creamy homemade pepper sauce. 115

MUSHROOM*

Topped with our creamy homemade mushroom sauce. 125

CHEESE

Topped with sliced Cheddar 'n served with our homemade cheese sauce on the side. 125

MAINS

POULTRY

CHICKEN SCHNITZEL

Crumbed 'n fried to golden perfection. 135
Add a homemade cheese sauce. 45
Add a homemade mushroom* sauce. 45

CHICKEN BREAST FILLET

Tender 'n flame-grilled with your choice of peri peri, fresh lemon 'n herb or BBQ. 135

CHICKEN WINGS

Tender 'n flame-grilled with your choice of peri peri, fresh lemon 'n herb or BBQ. 155

SPRING CHICKEN

Succulent 'n tender with your choice of peri peri, fresh lemon 'n herb or BBQ.
Half 110 | *Full* 160

SEAFOOD

CALAMARI TUBES

Grilled 'n tender. Served with your choice of fresh lemon butter or peri peri. 210

KINGKLIP FILLET

Enjoy it dry-grilled or with a freshly prepared lemon butter sauce. 260

BAKED KINGKLIP FILLET

Baked in a mild curry 'n coconut sauce with a touch of garlic 'n spinach. 280

WHOLE BREAM

Deep-fried 'n served with a side of fresh lemon butter sauce. 165

PRAWNS

Grilled in fresh lemon butter or peri peri sauce. SQ

VEGETARIAN

VEGETARIAN CURRY

Mixed seasonal vegetables prepared in a creamy curry coconut sauce with a hint of garlic. Served in a potjie pot. 150

VEGETARIAN PLATTER

A selection of fresh vegetables 'n halloumi. Served with your choice of a starch. 145

Our mains are served with a choice of chips, rice, baked potato, grilled sweet potato, mash, pap 'n gravy, vegetables or a side salad.

CHICKEN

Chicken fillet flame-grilled in either peri peri, fresh lemon 'n herb or BBQ. 120

GRILLS

Choose from plain-grilled, original Turn 'n Tender Basting or Dry Pepper Coating

FILLET

A prime cut so tender it melts in your mouth.
200g 155 | 300g 185 | 400g 220

POINT RUMP

Our signature cut of rump with a thick layer of crispy fat.
300g 170 | 400g 205

RUMP - NO FAT

A unique lean 'n juicy cut. 200g 140 | 300g 170 | 400g 205

RUMP WITH FAT

A 200g juicy 'n tender cut with a layer of crispy fat. 140

SIRLOIN

A succulent cut with just enough fat to enhance the flavour.
200g 140 | 300g 170 | 400g 205

RUMP ESPETADA

350g Tender rump chunks prepared with a sherry, garlic 'n mixed herb rub 'n skewered the old-fashioned way with bay leaves. 185

CUT FOR TWO

Share the experience with a 700g steak carved at the table. Served with two sides 'n two sauces.
Rump 400 | *Sirloin* 400 | *Fillet* 420

STEAK ON THE BONE

T-BONE

A cut where a tender fillet 'n a succulent sirloin are separated by a T-shaped bone.
500g 210 | 700g 280

RIB-EYE

500g Rib-eye on the bone grilled with coarse salt 'n burnt butter, thinly sliced off the bone. 235

BEEF RIBS

Tender, sticky 'n delicious, covered in our original Turn 'n Tender basting sauce.
500g 195 | 1kg 310

BOEREWORS

Our own pure beef boerewors. Best served with pap 'n gravy. 130
Add a fried egg. 15

POTJIE

OXTAIL

Our legendary braised oxtail. Slow-cooked in red wine until beautifully tender. 205

Our grills are served with a choice of chips, rice, baked potato, grilled sweet potato, mash, pap 'n gravy, vegetables or a side salad.

COMBOS

STEAK 'n CALAMARI

A juicy 'n tender 200g rump or sirloin 'n grilled calamari tubes or fried squid heads. 220
Should you prefer fillet, add 36.

STEAK 'n BOEREWORS

A juicy 'n tender 200g rump or sirloin 'n our own pure beef boerewors. 205
Should you prefer fillet, add 36.

BEEF RIBS 'n SPRING CHICKEN

Tender, sticky 'n delicious ribs 'n a succulent 'n tender half spring chicken. 255

BEEF RIBS 'n STEAK

Tender, sticky 'n delicious ribs 'n juicy 'n tender 200g rump or sirloin. 265
Should you prefer fillet, add 36.

PRAWNS 'n CALAMARI

6 Queen prawns 'n grilled calamari tubes or fried squid heads. 370

STEAK 'n PRAWNS

A succulent 'n juicy rump or sirloin steak 'n 6 queen prawns. 355
Should you prefer fillet, add 36.

Sauces 'n EXTRAS

CHEESE, PEPPER, PERI PERI OR GARLIC 40

MUSHROOM* OR CHEESE SAUCE 45

BLUE CHEESE 55

CHIMICHURRI

Argentinian marinade. 35

MUSHROOM* 'n FETA 75

DEEP-FRIED OR PAN-FRIED ONION RINGS 30

SAUTÉED MUSHROOMS* 80

BOEREWORS 48

* made with oyster mushrooms

DESSERT

CRÈME BRÛLÉE

Homemade rich vanilla custard topped with a caramelised sugar crust 'n mixed berries. 60

ICE CREAM

Fine Italian vanilla ice cream served in a crisp phyllo pastry basket 'n drizzled with a rich BAR-ONE® chocolate sauce. 70

CHOCOLATE VOLCANO

Delicious melt-in-your-mouth chocolate pudding served with vanilla ice cream. 95

BAKED CHEESECAKE

Homemade, sweet 'n creamy.
BAR-ONE® 100
Plain 85

DOM PEDRO

A creamy vanilla shake infused with your choice of: Kahlúa®, Cape Velvet®, Frangelico® or Jameson®. 95

DRINKS

COLD

SOFT DRINK

Coca-Cola®, Sprite®, Fanta® or Creme Soda®. 22

CORDIAL 'n MIXER 30

GRAPETISER® OR APPLETISER® 30

GLASS BOTTLED STILL OR SPARKLING MINERAL WATER

250ml 17 | 750ml 30

MILKSHAKE

Vanilla, strawberry, banana or lime. 45

BAR-ONE® 55

HOT

SPECIALITY COFFEE

With Kahlúa® or Jameson®. 85

CAPPUCCINO 35

CAPPUCCINO WITH CREAM 40

LATTE 40

AMERICANO 30

SINGLE ESPRESSO 25

DOUBLE ESPRESSO 35

FIVE ROSES TEA 20

HERBAL TEA 25

HOT CHOCOLATE 40